

HOTEL SINGULAR

SINGULAR WELLBEING PLAZA SANT FRANCESC. N°5 07001 PALMA DE MALLORCA ISLAS BALEARES, SPAIN TEL. +34 971 495 000 E. +34 971 495 525 INFO@HOTELSANTFRANCESC.COM WWW.HOTELSANTFRANCESC.COM

WELCOME TO SINGULAR WELLBEING

THE ULTIMATE IN URBAN RELAXATION

Hotel Sant Francesc is a peaceful retreat in the heart of Palma's Old Town. Slightly detached from the busy city centre, the hotel with its Singular Wellbeing facilities is a haven of tranquillity and wellbeing, a place where serenity pervades.

SINGULAR WELLBEING

ELEGANT, PRECIOUS, SIMPLY AMAZING!

"Singular Wellbeing" treatments are designed to feed your skin with all the essential beauty ingredients. The purest essential oils, trace elements and plant extracts, combined with the expertise of our skilled therapists in order to create, especially for you, the finest wellbeing treatments that give result-driven and long lasting results and a stunning healthy glow to your skin.

Allow yourself to be pampered by the expert hands of our wellbeing professionals. We cordially invite you to relax and rejuvenate yourself with our bespoke Singular Wellbeing Collection:

SANT FRANCESC SIGNATURE COLLECTION

MEDITERRANEAN SENSATION

Massage Ritual 90min/165€

LEMON INFUSION

Face & Body Ritual 90min/165€

SINGULAR WELLBEING MASSAGE COLLECTION

MASSAGE COLLECTION

30min/65 € - 60min/110 €

DEEP TISSUE MASSAGE

60min/120 € - 90min/175 €

ANTI-STRESS BACK REMEDY

ANNE SEMONIN FACIAL COLLECTION

ULTIMATE EXPERIENCE AGE PROTECT 90min/165€

CRYO TIME FREEZE 75min/130 €

MADE TO MEASURE 60min/110€

60min /120 €

HOLISTIC FOOT REFLEXOLOGY 60min/110€

CALIFORNIAN MASSAGE

90min/165€

CALIFORNIAN MASSAGE & TIBETAN SINGING BOWLS

120min / 205 €

LOMI LOMI NUI

120min/205 €

SINGULAR WELLBEING HAND & FEET

ORGANIC DELUXE PERFECT POLISH MANICURE 55 min/75 Euro

(without nail polish 45 min - 55 €)

ORGANIC DELUXE PERFECT POLISH PEDICURE 60 min/80 Euro

(without nail polish 45 min - 60 €)

SINGULAR WELLBEING **BODY COLLECTION**

CRYO-LIPOLISS 60min/120€



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SANT FRANCESC SIGNATURE COLLECTION

MEDITERRANEAN SENSATION

De-stressing, unwinding, restoring massage ritual 90min/165 €

Olive Oil and Grape Seed form a rich base of oils to facilitate the slow, flowing movements of this total body de-stress massage therapy. The lavender and geranium infused oil permeates the skin easily, releasing stored tension from deep within the muscles and completely unwinding the entire body.

LEMON INFUSION

Refreshing, up-lifting, renewing face and body ritual 90min/165 €

Unadulterated pleasure from top to toe! This ritual begins with a re-vitalizing back, foot and hand massage using the best citric essential oils followed by a skin specific facial treatment. Concluding with an intensely soothing scalp massage, the outcome of this transforming treatment is a flawless complexion and a deep release of stress and tension throughout the entire body.

ANNE SEMONIN FACIAL COLLECTION

ULTIMATE EXPERIENCE AGE PROTECT

Nourishing, revitalizing, radiance

90min/165€

A ritual that delivers an experience as individual as you. Bespoke blending of aromatic essences and trace elements combine with a tailored eye, face and décolleté treatment to perfectly balance, hydrate and revitalize, while offering the ultimate in skin protection. Unsurpassed at revealing the skin's true radiant beauty, it is the complete treatment, designed to address your every need.

CRYO TIME FREEZE

Immediate radiance, toning, brightness 75min/130 €

A flawless skin brightening experience, this facial uses the age defying effects of cryotherapy with the Anne Semonin 100% Active Serum to reinforce the skin's firmness at a cellular level. Complemented by a neuro-cosmetic containing Wild Indigo which stimulates the release of B-endorphins, flooding the body with a total sense of well-being.

MADE TO MEASURE

Refreshing, smoothing, healthy look 60min/110 €

This skin enhancing made to measure facial ensures effective, visible results. It has been designed to be tailor made for your individual skin needs through individually blended plant active serums, masks and aromatic intensive complexes.



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SINGULAR WELLBEING MASSAGE COLLECTION

EXQUISITE MASSAGE COLLECTION 30min/65 € - 60min/110 €

We draw our inspiration from around the world to offer you a blissful, effective, premium massage experience. Choose from four unique therapies, each brilliantly combining an innovative fusion of massage techniques and oil blends and delivering a treatment that works specifically for you every time:

Aroma Energiser, Pure Rejuvenation, Vital Detox, Relax & Renew.

DEEP TISSUE MASSAGE

Dissolve aches, ideal pre or post workout massage 60min/120 € - 90min/175 €

Slow, deep pressure and skilful hand movements target stressed muscles, unlock tension and relieve pain. A truly stimulating and deeply energising massage.

ANTI-STRESS BACK REMEDY

Tension releasing, restoring back therapy 60min/120 €

An exceptional solution created to alleviate tension stored in the back, neck and shoulders and reduce fatigue. The exquisite combination of heat, minerals and oils begins with a generous application of self-heating mineral mud mask to release stiffness, strain and stress in the muscles. This is followed by a bespoke massage with blended oils just right for your needs. Both energizing and relaxing, this treatment leaves the whole body with a complete sense of well-being

HOLISTIC FOOT REFLEXOLOGY

Reinforce the body's ability to stay healthy and vital 60min/110 €

A holistic therapy that balances the body by applying pressure on specific areas of the feet that reflects on different organs of the body. The treatment begins with a foot ritual including a bubbling mineral mask and a relaxing hand massage, which helps to relieve tensions.

CALIFORNIAN MASSAGE

Muscular relaxation, liberate energy blockades, profound touch 90min/165 €

Focusing foremost on relaxation, the Californian massage is a great way to relieve stress and anxiety. Executed with elongations, long and fluid movements it provides a more complete sensation of abandonment.



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CALIFORNIAN MASSAGE & TIBETAN SINGING BOWLS

Vibrational massage, peaceful calm sensation of relaxation 120min/205 €

This true experience combines the deep touch of Californian Massage with the sound of Tibetan Bowls to reach a deep relaxation. Taking our client to a state of meditation, it renews his/her health and well-being through the energy of body and mind's natural frequencies.

LOMI LOMI NUI

The Hawaiian art of touch 120min/205 €

Lomi Lomi is a traditional Hawaiian full-body massage, based on an age-old philosophy of life that has been handed down from generation to generation. Tense areas of the body, from head to toe, are massaged with warm oil until all the tension has been released.

SINGULAR WELLBEING HAND & FEET

ORGANIC DELUXE PERFECT POLISH MANICURE 55 min/75 Euro

(Without nail polish: 45 min/55 €)

Hands are soaked and softened and exfoliated with our organic scrub infused with therapeutic essential oils. A deep relaxing hand massage and nail treatment is followed by shape and non-toxic polish.

ORGANIC DELUXE PERFECT POLISH PEDICURE 60 min/80 Euro

(Without nail polish: 45 min - 60 €)

Feet are soaked and softened and exfoliated with our organic scrub infused therapeutic essential oils. A deep relaxing foot massage and nail treatment is followed by shape and non-toxic polish.

SINGULAR WELLBEING BODY COLLECTION

CRYO-LIPOLISS

Anti-cellulite, firming, re-sculping

60min/120€

""Au revoir" dimpling and unevenness. This superb combination of Cryotherapy techniques, an ultra-cold treatment designed to shock the body into action, and our specially designed detox massage using an active ingredients complex of micro-algae leaves your legs feeling refreshed and renewed. Followed by a firming body mask on localised areas to visibly improve the skin contour.

At the beginning of the following rituals you are encouraged to intuitively choose from among our organic "Max and Me" oil blend collection the one which suits you best:

A journey in time and dimension; Circle of protection; Crystal clear beauty, Flight to the sun ...All these oil-blends are vibrant compositions, designed to reinforce the effect of the treatment and self-healing properties of your body.



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FOR YOUR BEST EXPERIENCE...

TREATMENT TIPS

To make the experience as comfortable as possible for you, we recommend that you shower in advance and arrive at the wellbeing area in your bathrobe and slippers or comfortable clothes. Disposable underwear is available for use during massages and body treatments. We would like to request that you arrive in the wellbeing reception 5 minutes before your treatment time.

Health Conditions

Before your treatment, you will be asked about your general health conditions. The therapist will use the information to tailor your treatment to you, taking your medical and emotional state into account. For your own health, safety and comfort, please answer the questions to the best of your knowledge.

CANCELLATIONS

We strive to offer you an exceedingly personal and relaxing experience, and for this reason we set treatment time aside just for you. We would like to request that you notify us in good time of any cancellation or rescheduling. In the event of no-shows and cancellations made within 12 hours of the treatment time, you may be requested to pay up to 50 % of the cost of the services you have booked. In the event of lateness, your treatment time will be reduced in order to avoid inconveniencing the next guest.

PAYMENT METHODS

The hotel accepts cash and credit cards. Hotel guests can add the cost of this service to their bill. Value Added Tax (21 %) is included in the price. A credit card or hotel reservation will be required to secure all bookings.

Gift Certificates

Think of Singular Wellbeing gift vouchers to offer an unforgettable experience to the person of your choice.