

# VOGUE

JUN

Elle  
Fanning  
A Star  
in Bloom

Summer  
of the  
Rose

No Small  
Thing  
Arundhati  
Roy's  
Return to  
Fiction

Swooningly  
Romantic  
Dresses

The Return  
of the  
Red Lip

*Vogue's* Very  
Own Flower!

# 24 SUN-FILLED HOURS IN PALMA DE MALLORCA

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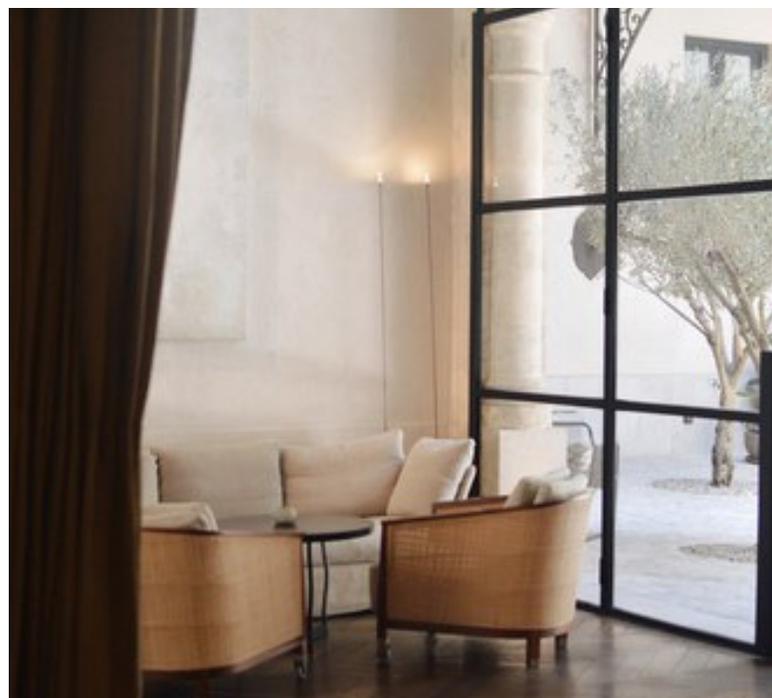
Known for its scenic coastline, world-renowned beaches, and majestic mountains in the north, it's not hard to understand why the Spanish Balearic island Mallorca is a beloved destination during the summer. Perched on a sickle-shaped bay in the south of the island, Mallorca's capital, Palma, perfectly blends a tranquil and relaxed island lifestyle with the vibrant and dynamic energy of a city. Before you head to the island's famed retreats and beach clubs, spend a day strolling among the maze of Palma's narrow streets sampling delicious food, enjoying the architecture (which veers from Gothic to contemporary), and indulging in some shopping. To get the most out of your visit, here's a relaxed 24-hour itinerary:

## 8:00 a.m.

Wake up in your room at Hotel Sant Francesc, a restored 19th-century mansion turned five-star hotel in Palma's old town that has many thoughtfully restored original details as well as stunning views from its rooftop.

## 9:00 a.m.

Head to the local hipsters' watering hole, La Molienda, to enjoy your first meal of the day. It's easy to understand why this quirky spot has a place in the heart and stomachs of Palma's breakfast lovers. The café works with small suppliers and uses local, seasonal, and organic ingredients. The perfect order? Egg, tomato, and avocado toast; a matcha latte; and porridge with berries.



**10:30 a.m.**

Set the groundwork for a relaxing day and visit Zunray Yoga, a tranquil and calming oasis that offers a wide range of yoga classes (in English and Spanish) for both the greenhorn and the guru. Although it's Palma's largest yoga studio, classes are occasionally held outside.

**12:00 p.m.**

Post-workout, it's time for some refreshment, and the best place for that is the trendy organic juice bar Ziva To Go just around the corner from the yoga studio. Settle down in their outdoor garden and sip on a Green Sensation smoothie or the Super C juice accompanied by a healthy snack (try their coconut mousse, maca truffles, or ginger balls).

**12:30 p.m.**

It's time to take your credit card out for a spin and luckily enough, some of Palma's brightest shopping gems are all in one street. Go back to the little narrow alley by Zunray Yoga and pop into the antique store Viveca for some unique souvenirs for your home. When you go out on Carrer de Sant Feliu again, you'll find some intriguing art galleries worth checking out, as well as Rialto Living, where you can browse stationary, furniture, books, clothes, perfumes, and much more, or unwind in their chic café. Lastly, you'll find some of Spain's most famous fashion prides, such as Zara, Massimo Dutti, Oysho, and Üterque, where Carrer de Sant Feliu meets the main shopping avenue, Passeig del Born.



**4:00 p.m.**

Next, move on to something more cultural and head to the city's large landmark Cathedral Santa Maria of Palma. The Gothic church, also referred to as La Seu, was first built in the early 1200s and took more than 400 years to finish, and is today open to the public to visit.

**6:00 p.m.**

It's been a busy day and you might want to wind down before spending a big night out. Stop by the hotel to freshen up and enjoy something to drink by the pool at Hotel Sant Francesc's rooftop, which offers a breathtaking 360-degree view over the city. Its watermelon martini is a hit, but the hotel also serves a refreshing homemade lemonade and detox smoothies for the health nuts.

**8:00 p.m.**

Tonight's dinner reservation should be at La Perla in Santa Catalina, which seduces both locals and visitors thanks to its delectable Italian food. An empty stomach and the desire to gain a pound or two are pretty much required here. Some menu standouts are the burrata and artichoke carpaccio for starters, followed by the aroma di limone pasta and the restaurant's famous lasagna di lusso. Don't think about how full you are and quickly order a dessert before the food coma sinks in. The Grand Finale, a selection of panna cotta, tiramisu, and chocolate mousse, is, as you can probably imagine, a hit.

**10:30 p.m.**

If you manage to stay awake a little bit longer, a pit stop should be at Cuba's Sky Bar rooftop to taste a bit of Palma's night life as well as some enticing cocktails, like the espresso martinis for a bit of a pick-me-up, before returning to your hotel to hit the sheets.

